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the Family Life Network,
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Frugal Recipes

Readers' Recipes (featured column)



Old-Fashioned Vegetable Soup
submitted by u3rmysunshine

(At least it tastes that way!)

* * *

Ingredients:

- 1 large can tomato sauce
- 3/4 can of water (large tomato sauce can)
- 1 medium can diced tomatoes
- 1 large can Veg-All (mixed vegetables)
- 1 lb ground beef, cooked, crumbled and drained
- 4 beef bullion cubes

Directions:

Mix all ingredients together and cook over
medium heat, stirring occasionally for about 15

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minutes. Great with cornbread or even grilled cheese sandwiches. You can also use leftover roast beef instead of the ground beef.

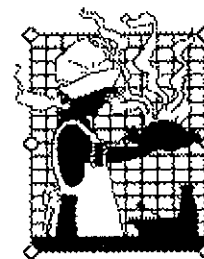
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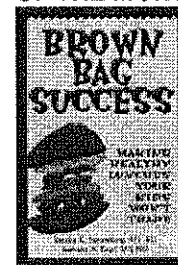


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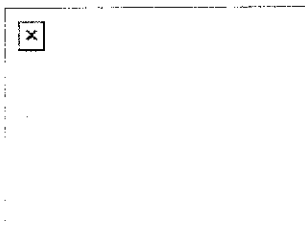
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